

NO PAIN, NO STAIN!

Top Tips & Ideas for stain removal. Vanish can be used in place of mineral bleach - but mineral bleach is cheaper and has more active ingredient per scoop!



FAMILY LOWDOWN



FRUIT & TOMATO

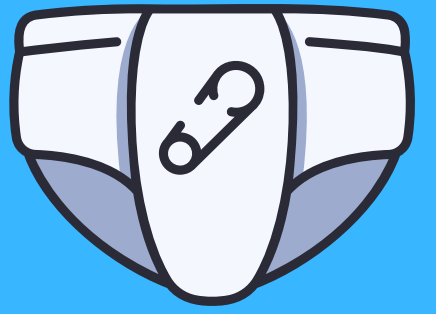
Wash stained clothes on a low temperature and then put out in the sunshine. Some people swear by pouring boiling water onto berry stains - but always be careful with your fabric!



Top tip: For extra stain removal power, rub some lemon juice onto it

BABY POO

Sunshine is your best bet here - just put the stained clothes or nappy in the sunshine, and watch the stains disappear!



CHOCOLATE

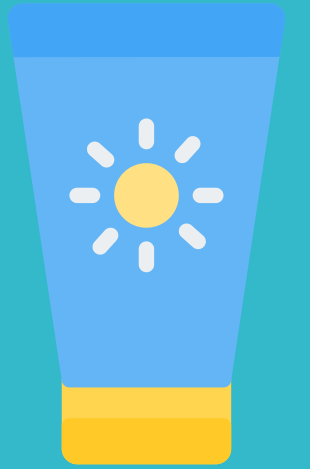
Rub liquid laundry detergent or washing up liquid on the stain & soak in cold water for at least 30 minutes. Repeat until you aren't seeing any improvement. Wash the clothing with mineral bleach or an oxygen based stain remover



SUNCREAM

Rub the stain with washing up liquid, and wash as normal. Some people swear by 'elbow grease' as well. Suncream is a tricky one - so good luck!

Top tip: lots of people recommend Calypso as it apparently doesn't stain clothes.



BIRO & PERMANENT MARKERS

Alcohol is your friend here - vodka, hairspray or hand rub will all work. Dab onto the stain and gently rub. Wash as normal.

Top tip: If all else fails, drink the vodka and at least you won't care about it!



BLOOD

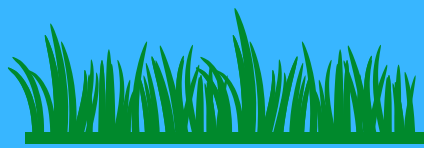
Hydrogen peroxide is the key for this! You can either use it neat (though this does risk turning white clothes yellow) or using mineral bleach (sodium percarbonate). Mix up some mineral bleach with hot water, let it cool and soak - your stain should vanish!

Top tip: you can buy 'Violet's mineral bleach' or for a cheaper option, pure sodium percarbonate on eBay.



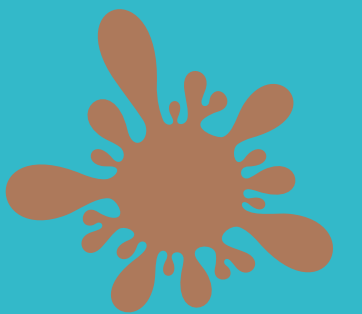
GRASS

These are tricky as they're 'combination stains' of more than one thing. Try rubbing the stain with laundry liquid, but if that doesn't work, try soaking and rubbing with white vinegar or alcohol



MUD

Rub the stain with laundry liquid and wash with a good scoop of mineral bleach. If that fails, try soaking in mineral bleach (mix with hot water, cool then add clothes).



BANANA

Treat as soon as possible for the best chance of success. Mineral bleach can work - but banana is an annoyingly tricky one - once it oxidises, it can be tough to remove.



SWEAT

Sweat is another tricky one, as it's usually caused by a reaction between sweat and deodorant. Products like Deo-Go can be a good way to tackle this, or some people recommend a 1:1:1 mix of hydrogen peroxide, water & bicarbonate of soda, soaking for an hour and washing, or give using mineral bleach a go.

Top tip: for especially bad stains, you can try rubbing crushed uncoated aspirin on the stain and washing as normal.



WAX CRAYON

WD40 is great for this (though worth ironing any crayon on a low setting through some brown paper to get rid of the worst). Rinse well before putting in the washing machine though - WD40 can make everything smell!

Top tip: WD40 is also brilliant for removing sticker residue!



GREASE & OIL

Grease and oil can be hard to get out of clothes - but there are a few things to try. Try rubbing the stain with washing up liquid or laundry detergent - and then rinsing with water & white vinegar.

Top tip: lots of people swear by 'Elbow Grease' or 'Stain Devils' to remove grease stains - and they're safe for most fabrics.



POSTER PAINT

Another tricky one - but washing up liquid is a great starting point. Soak in cold water, & try to remove as much paint as possible without spreading the stain around. Then give a good rub with washing up liquid or laundry detergent before washing in a cold wash. Worth trying mineral bleach too - but red & blue can be especially tricky to get out.



Warning! Always take care removing stains - some may take the colour out of clothes, and care should always be taken with delicate fabrics like wool a& silk